



**ALLURE**  
*aesthetics*

## Consent For Sculptra Treatment

### THE TREATMENT

Sculptra is a safe, synthetic, and biocompatible material that is injected below the surface of the skin. It is made up of microspheres (a spherical shell that is usually made of a biodegradable or resorbable plastic polymer, that has a very small diameter usually in the micrometer or nanometer range, and that is often filled with a substance, as a drug or antibody, for release as the shell is degraded) of poly-L-lactic acid. Because of poly-L-lactic acid is the main ingredient in Sculptra, patients don't require allergy testing. Sculptra is approved to treat lipoatrophy, the progressive facial decomposition seen in many HIV patients, but is used "off-label" for cosmetic purposes. **Initial** \_\_\_\_

### RESULTS

The results of Sculptra are not immediate. At your first treatment visit, it may appear that Sculptra worked immediately because of swelling from the injections and water used to dilute Sculptra. A few days following the treatment, when the swelling goes down and the water is absorbed by your body, you may look as you did before your treatment. Sculptra takes time to gradually correct the depression in your skin. Your doctor will decide the appropriate number of treatment sessions and the amount of Sculptra you will need at each session. Multiple sessions are often required and patients with severe facial fat loss may require 3-6 treatment sessions. Sculptra should improve the appearance of facial fat loss by increasing skin thickness in the treated area but will not correct the underlying cause. There are no promises or guarantees regarding the degree of improvement when using Sculptra or the duration of results. **Initial** \_\_\_\_

### SIDE EFFECTS

Possible side effects can include but are not limited to allergic reaction or infection, bleeding, tenderness or pain, redness, bruising or swelling at the injection site, which can last from 3-17 days. Delayed side effects can include small bumps under the skin in the treated area. These bumps may not be visible and may only be noticeable when you press the treated skin. Bumps tend to occur within the first 6-12 months after the first treatment and go away on their own. **Initial** \_\_\_\_



## DRUGS, PREGNANCY & ALLERGIES

You should not be pregnant, nursing, have a history of a bleeding disorder, abnormal scarring, or autoimmune disease. You should not be taking any of the following medications: immunosuppressants or blood thinners. Also, you should have told your physician if you have a history of oral herpes simplex (cold sores).

I voluntarily request treatment from Allure Aesthetics & Wellness, which has been explained to me, and my questions regarding such treatment, its complications, and risks have been answered by the doctor/health care professional. The information which I have been given in terms clear to me and I understand the risks and complications of the treatments. My questions have been fully and completely answered for me and I have read this document and understand its contents. I also state that I read and write in English. I hereby give my unrestricted informed consent for the procedure.

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**Patient Name (Print)**

**Patient Signature**

**Date**

I am the treating doctor/health care professional. I discussed the above risks, benefits, and alternatives with the patient. The patient had an opportunity to have all questions answered and was offered a copy of this informed consent. The patient has been told to contact my office if they should have any questions or concerns after this treatment procedure.

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**Nurse Name (Print)**

**Nurse Signature**

**Date**

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**Doctor Name (Print)**

**Doctor Signature**

**Date**